



# Manitowoc County Youth Hockey Association Invites YOU!



**COME JOIN US ON THE ICE!** MCYHA offers several programs geared toward elementary age children. Our volunteer coaches are certified through USA Hockey. MCYHA's **Hockey Initiation Program (HIP)** is our introductory program for kids ages 4-8. This programming is geared towards kids who have little to no skating experience. HIP focuses on improving skating skills and other basic hockey skills. Cross-ice scrimmages and other games are used to reinforce skills in a fun environment. The goal at this level is to teach fundamental hockey skills for a successful transition into one of MCYHA's Mite programs.

Skates, hockey gloves (or thick winter gloves), and a helmet are required. Skates are available at the rink at no charge for HIP. A limited number of helmets are available each week. A bike helmet can also be used, as well as knee and elbow pads. **HIP meets from 6:15 - 7:00 pm on Mondays.** The cost is \$20 per session (\$4.00 a class). Register online with a credit card or at the rink with cash/check. Sign up may occur at any time throughout each session.

**Session 1: October 10, 17, 24, November 7, 14**

**Session 2: November 21, 28, December 5, 12, 19**

**Session 3: January 2, 9, 16, 23, 30**

**Session 4: February 6, 13, 20, 27, March 6**



**Mini Mites** (primarily U6) is an in-house (non-traveling) recreational program for skaters up to age 8. Participants continue to enhance their basic hockey skills while becoming part of a team to develop concepts of cooperation and sportsmanship. **Practices are on Monday and Thursday evenings.** Skates, hockey gloves (or thick gloves), helmet, and a hockey stick are required. Skate rentals are available for \$1. At this level, we recommend that your child starts to wear full hockey gear. Full sets of equipment are available to rent for the entire season for \$50, plus a \$50 deposit. Your deposit will be returned when you return the gear.

**Public Skate** The Manitowoc Expo Center will have public skate sessions available on weekends. Please follow our website [www.manitowohockey.org](http://www.manitowohockey.org) for more details.

For more information and registration go to: [www.manitowohockey.org](http://www.manitowohockey.org)

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Please email [callenj11@gmail.com](mailto:callenj11@gmail.com) with any questions.