

**El Dorado County Mental and Behavioral Health**

[edcgov.us/mentalhealth](http://edcgov.us/mentalhealth)

530-544-2219 - 24hr Crisis phone line

741741- 24hr Crisis text line

530-573-7970

**Barton Psychiatry**

<https://www.bartonhealth.org/tahoe/psychiatry.aspx>

775-589-8946

**Tahoe Youth and Family Services**

[tahoeyouth.org](http://tahoeyouth.org)

530-541-2445

**Sierra Family and Child Services**

[www.sierrachildandfamilyservices.org/](http://www.sierrachildandfamilyservices.org/)

530-544-2111

**Live Violence Free**

[liveviolencefree.org](http://liveviolencefree.org)

530-544-4444 (24 hours)

530-544-2118

**Family Resource Center**

[tahoefrc.org](http://tahoefrc.org)

530-542-0740

**A Balanced Life**

[www.abalancedlifetahoe.com](http://www.abalancedlifetahoe.com)

530-544-1748

**El Dorado County Office of Education - Early Head Start**

[edcoe.org](http://edcoe.org)

530-543-8240

**El Dorado County Child Protective Services**

530-573-3201

[www.edgov.us](http://www.edgov.us)

**Family Resource Center**

[tahoefrc.org](http://tahoefrc.org)

530-542-0740

**Tahoe Turning Point**

[Tahoeturningpoint.org](http://Tahoeturningpoint.org)

530-541-5494

**Tahoe Youth and Family Services**

[tahoeyouth.org](http://tahoeyouth.org)

530-541-2445

**NAMI (National Alliance on Mental Illness)**

National NAMI Helpline 1-800-950-6264

Local NAMI 650-740-5776

[f2fnami@gmail.com](mailto:f2fnami@gmail.com)

**South Lake Tahoe Police School Resource Officer**

STHS 530-541-4111 xt.1986

**El Dorado County Sheriff-CIT**

530-573-3014

**El Dorado County Juvenile Probation**

530-573-3083

**McKinney Vento-Foster/Homeless Liaison**

Amanda Hammond, LTUSD

530-541-4111 xt. 1866

[ahammond@ltusd.org](mailto:ahammond@ltusd.org)

**Big Brothers Big Sisters of El Dorado County**

530-626-1222

[www.bbbs-edc.org/](http://www.bbbs-edc.org/)

**Mental Health Support**

<http://helpyourselfhelpothers.org/>