

Updated Food Assistance in South Lake Tahoe-Weekly

Updated on 9/1/22

Day	Organization/Time	Specifics
Monday 4:00- 5:30 p.m.	Bread & Broth- Monday Meals St. Theresa Catholic Church Grace Hall dining area 1041 Lyons Ave., SLT, CA 96150	A full-course, nutritious hot meal with second servings, “to go” and “giveaway” bags containing canned goods, dairy products, fruits, vegetables, breads, and more.
Monday 11:00- 12:30 p.m	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Tuesday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Wednesday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Wednesday 10:30 a.m. - Noon	Phoenix Pantry Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT 96150	Each family receives a box or bag of food at a curbside drive through in the parking lot.
Wednesday 11:00- 12:30 p.m.	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Thursday 11:00 a.m.- 2:00 p.m.	Christmas Cheer All Year 1120 Third Street, SLT, CA 96150	Food bags handed out at the door; Canned food, cereal, fresh produce, dairy, meat bread & desserts. Non-cooking bags for those without cooking facilities.
Thursday 9:00 a.m.-10:00 a.m.	Live Violence Free 2941 Lake Tahoe Blvd., SLT, CA 96150	Food bags distributed containing bread, canned goods, and other food items.
Friday 11:00 a.m.- 12:30 p.m.	Hope Full Lunch Hope Lutheran Church 930 Julie Lane, SLT, CA 96150	Sack lunch distribution on the streets of SLT
Friday 4:00- 5:00 p.m.	Bread & Broth’s Second Serving Lake Tahoe Community Presbyterian Church 2733 Lake Tahoe Blvd., SLT, CA 96150	Meals consisting of a soup and a simple entree (lasagne, chili dogs, pasta dishes, salads) Guests will also be provided with “giveaway” bags with canned good, breads, pastries based on availability of food items.

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Friday 3:00- 4:30 p.m.	St. Theresa Catholic Church- Food pantry St. Theresa Catholic Church, Grace Hall 1041 Lyons Ave. SLT, CA 96150	Non-perishable foods, canned food items, Dog and cat food **Come to the side window of Grace Hall
4th Wednesday of the month May through October	St. Theresa's Church parking lot 1401 Lyons Ave., SLT, CA 96150 10:00 - 11:00 a.m.	Free Farmer's Market Serving fresh fruit, vegetables
2nd Friday of the month 10:00 a.m. until bags are gone	SLT Family Resource Center 3501 Spruce Ave. #B, SLT, CA 96150	Bags of food from the El Dorado Food bank
2nd Friday of the month 12:00 PM- 1:00 PM	Live Violence Free 2941 LakeTahoe Blvd., SLT, CA 96150	Food bags distributed-Produce distribution
3rd Friday of the month 11:30 a.m.- 1:00 p.m.	Northern NV Food Bank American Legion parking lot 2748 Lake Tahoe Blvd., SLT, CA 96150	Fresh produce distribution Please bring your own bag
2nd Saturday of the month 9:30 a.m. - 10:30 a.m.	Our Lady of Tahoe Church/ Outreach Program 1 Elks Point Road, Zephyr Cove, NV 89448 Office: 775-588-2080	Food box given out depending on the size of the family. Non-perishables, fresh produce, eggs, meat
	Services Specifically for Children	
Friday Free hot supper and snack: 4:30-5:30 p.m.	Boys & Girls Club-Lake Tahoe 530-542-0838 1100 Lyons Ave. South Lake Tahoe, CA 96150	All children age 18 and under are eligible, not just those enrolled at the Boys & Girls Club. Children can be accompanied by an adult or come by themselves. No ID or forms required.
Friday Distributed at school sites	St. Theresa's Bread & Broth 4 Kids Weekend food bag distribution at all Lake Tahoe Unified School District schools: -Bijou Community School -Sierra House Elementary School -Tahoe Valley Elementary School -LakeTahoe Environmental Science Magnet School -South Tahoe Middle School	Distribution of weekend food bags containing a variety of 7 individual-serving, kid-friendly, nutritious meals (3 dinners, 2 breakfasts, 2 lunches) as well as fresh fruits and nutritious snacks. Please check with your child's school office staff or teacher to receive an application for these weekly food bags.

ASISTENCIA DE COMIDA EN SOUTH LAKE TAHOE
ACTUALIZADO EL 09/012022

DIA	ORGANIZACION Y HORAS	DETALLES
LUNES 4:00- 5:30 p.m.	BREAD & BROTH ST. THERESA IGLESIA CATOLICA. EN EL VESTIBULO DE GRACE HALL 1041 LYONS AVE., SLT, CA 96150	CURSO COMPLETO DE COMIDA CALIENTE NUTRITIVA, CON SEGUNDA PORCIÓN PARA LLEVAR Y BOLSAS DE REGALO QUE CONTENDRAN ENLATADOS, LÁCTEOS, FRUTAS, VERDURAS, PANES Y MÁS
LUNES 11:00 a.m. - 12:30 p.m.	IGLESIA HOPE LUTHERAN ALMUERZO COMPLETO 930 JULIE LN., SLT, CA 96150	DISTRIBUCION DE ALMUERZOS EN BOLSA EN LAS CALLES DE LA CIUDAD.
MARTES 11:00 a.m.- 2:00 p.m.	CHRISTMAS CHEER ALL YEAR 1120 THIRD STREET SLT, CA 96150	SE ENTREGARÁN BOLSAS DE COMIDA QUE CONTENDRAN ENLATADOS, CEREAL, FRUTAS Y VERDURAS FRESCASK, LACTEOS, CARNES FRIAS Y POSTRES. PARA PERSONAS QUE NO TIENEN FACILIDADES DE COCINAR SE LES PROPORCIONARA ALIMENTOS APROPIADOS.
MIERCOLES 11:00 a.m. - 2:00 p.m.	CHRISTMAS CHEER ALL YEAR 1120 THIRD STREET SLT, CA 96150	SE ESTARAN ENTREGANDO BOLSAS DE COMIDA QUE CONTENDRAN ENLATADOS, CEREAL, FRUTAS Y VERDURAS FRESCASK, LACTEOS, CARNES FRIAS Y POSTRES. PARA PERSONAS QUE NO TIENEN FACILIDADES DE COCINAR SE LES PROPORCIONARA ALIMENTOS APROPIADOS.
MIERCOLES 10:30 a.m.- Noon	PHOENIX PANTRY IGLESIA LT COMMUNITY PRESBYTERIAN 2733 LAKE TAHOE BLVD., SLT, CA 96150	SIN NESESIDAD DE BAJARSE DE EL CARRO SE LE DARA UNA CAJA CON COMIDA A CADA FAMILIA
MIERCOLES 11:00 a.m.- 12:30 p.m.	IGLESIA HOPE LUTHERAN ALMUERZO COMPLETO 930 JULIE LN., SLT, CA. 96150	DISTRIBUCION DE ALMUERZOS EN BOLSA EN LAS CALLES DE LA CIUDAD
JUEVES 9:00 a.m. -10:00 a.m.	LIVE VIOLENCE FREE 2941 LAKE TAHOE BLVD. SLT, CA. 96150	DISTRIBUCION DE BOLSAS DE COMIDA QUE CONTENDARAN PAN, COMIDA ENLATADA Y OTROS ALIMENTOS.
JUEVES 11:00 a.m- 2:00 p.m.	CHRISTMAS CHEER ALL YEAR 1120 THIRD STREET, SLT, CA 96150	SE ESTARAN ENTREGANDO BOLSAS DE COMIDA QUE CONTENDRAN ENLATADOS, CEREAL, FRUTAS Y VERDURAS FRESCAS, LACTEOS, CARNES FRIAS Y POSTRES. PARA PERSONAS QUE NO TIENEN FACILIDADES DE COCINAR SE LES PROPORCIONARA ALIMENTOS APROPIADOS.
VIERNES 11:00 a.m- 12:30 p.m	ALMUERZO COMPLETO IGLESIA HOPE LUTHERAN 930 JULIE LN. SLT, CA. 96150	DISTRIBUCION DE ALMUERZOS EN BOLSA EN LAS CALLES DE LA CIUDAD

ASISTENCIA DE COMIDA EN SOUTH LAKE TAHOE
ACTUALIZADO EL 09/012022

DIA	ORGANIZACION Y HORAS	DETALLES
VIERNES 4:00- 5:00 p.m.	BREAD AND BROTH SEGUNDA COMIDA LT COMMUNITY PRESBYTERIAN CHURCH 2733 LAKE TAHOE BLVD. SLT, CA. 96150	LAS COMIDAS CONSISTIRÁN DE UNA SOPA Y UN PLATO SIMPLE (LASAÑA, SALCHICHAS PICANTES, PLATOS DE PASTA, ETC.), DURANTE LA CENA SE DISTRIBUIRÁN BOLSAS QUE CONTENDRÁN COMIDA ENLATADA Y PANES/ PASTELITOS SEGÚN LA DISPONIBILIDAD.
VIERNES 3:00-4:30 p.m.	ST. THERESA IGLESIA CATOLICA-DESPENSA AFUERA DE GRACE HALL EN LA VENTANILLA DEL LADO. 1041 LYONS AVE., SLT, CA 96150	ALIMENTOS ENLATADOS Y NO PERECEDEROS. TAMBIEN COMIDA PARA LAS MASCOTAS PERROS Y GATOS
4TH MIERCOLES DE CADA MES, ESTE SERVICIO EMPIEZA EN MAYO Y SE TERMINA EN OCTUBRE	ESTACIONAMIENTO DE LA IGLESIA CATOLICA ST. THERESA 1041 LYONS AVE., SLT, CA 96150 10:00 a.m. - 11:00 a.m.	MERCADO AGRICOLA GRATUITO FRUTAS Y VERDURAS FRESCAS
2ND VIERNES DE CADA MES 12:00 p.m. - 1:00 p.m.	LIVE VIOLENCE FREE 2941 LAKE TAHOE BLVD. SLT. CA. 96150	DISTRIBUCION DE FRUTAS Y VERDURAS FRESCAS.
2ND VIERNES DE CADA MES 10:00 a.m.	FAMILY RESOURCES CENTER 3501 SPRUCE AVE. #B, SLT. CA. 96150	BOLSAS CON COMIDAD PARTOCINADA POR EL DORADO COUNTY
3RD VIERNES DE CADA MES 11:30 a.m. - 1:00 p.m.	NORTHERN NV FOOD BANK AMERICAN LEGION 2748 LAKE TAHOE BLVD., SLT, CA 96150	DISTRIBUCION DE FRUTAS Y VERDURAS FRESCAS FAVOR DE TRAER UNA BOLSA PARA LA COMIDA.
2ND SABADO DE CADA MES 9:30 a.m. - 10:30 a.m.	IGLESIA OUR LADY OF TAHOE 1 ELKS POINT ROAD, ZEPHYR COVE, NV 89448 OFFICE: 775-588-2080	CAJA DE COMIDA SEGÚN EL TAMAÑO DE LA FAMILIA. ALIMENTOS NO PERECEDEROS, FRUTAS Y VERDURAS FRESCAS, HUEVOS, CARNE.
ASISTENCIA DE COMIDA PARA NINOS		
LUNES A VIERNES	BOYS AND GIRLS CLUB 1041 LYONS AVE., SLT, CA. 96150 4:30 PM – 5:30 PM SE SERVIRA CENA CALIENTE Y SNACK SIN COST	LA CENA SERA GARTUITA PARA TODOS LOS NIÑOS/AS Y JOVENES MENORES DE 18 ANQUE NO SEAN MIEMBROS DEL CLUB. NO SE NECESITARÁ IDENTIFICACION. PUEDEN VENIR SOLOS O ACOMPAÑADOS DE UN ADULTO.
VIERNES	BREAD & BROTH 4 KIDS ST. THERESA IGLESIA CATOLICA. DISTRIBUIRA BOLSAS CON ALIMENTOS PARA EL FIN DE SEMANA EN TODAS LAS ESCUELAS K-8 DEL DISTRITO ESCOLAR DE SLT. BIJOU COMMUNITY, SIERRA HOUSE ELEMENTARY, TAHOE VALLEY ELEMENTARY, LT ENV SCIENCE MAGNET, SOUTH TAHOE MIDDLE	SE DARAN BOLSAS CON VARIEDAD DE ALIMENTOS NUTRITIVOS Y APTOS PARA NIÑOS. 2 DESAYUNOS, 2 ALMUERSOS, Y 3 CENAS. TAMBIEN SE DARAN FRUTAS FRESCAS Y BARRAS NUTRITIVAS. POR FAVOR CONSULTE CON EL PERSONAL DE LA OFICINA O EL DOCENTE PARA RECIVIR UNA APLICACIÓN.