

## Updated Health Guidelines

- 1) These updates are in alignment with the IDPH/CDC updated guidelines as of 8/16/22
- 2) As always, please keep your kids home if they feel sick
- 3) Please reach out to Nurse Hannah if you'd like to pick up antigen tests to have at home.
- 4) Students with a positive test will be quarantined for 5 days, day 0 being the first day of symptoms or the day of the test if asymptomatic. Students can return on day 6 if they are not febrile and improving. Students must continue to isolate until they have no fever for 24 hours.
- 5) Students returning on day 6 need to be masked until day 10, or they can take an antigen test on day 6, and day 8, (must be 48 hours apart) and if both are negative students can unmask.
- 6) There will be NO quarantine requirements for close contacts or any exposures. This includes same-household exposures (siblings, parents), Please mask your student for 10 days following an exposure and test on day 5. Additionally, please have a low threshold for symptoms after exposure.