

# Patrick County Public Schools

## Wellness Policy

### 2017-2020 Triennial Assessment

#### Overview & Purpose

In accordance with the *Final Rule* of the federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: Title 8. Education, Agency 20. State Board of Education, Chapter 740 *Final Rule*, Patrick County Public Schools (PCPS) presents the first triennial report. The triennial report outlines updates on the progress and implementation of our wellness policy and wellness initiatives in PCPS and provides the required documentation of actions, steps, and information as outlined in the *Final Rule*.

#### Wellness Policy

The Patrick County Public Schools Wellness Policy can be found at [www.patrick.k12.va.us](http://www.patrick.k12.va.us) . Select Division Information, then Policy Manual. Type in the search bar JHCF-R. That will take you to the Patrick County Public Schools Wellness Policy. PCPS updates or modifies the Wellness Policy as appropriate and the public will be notified via the Patrick County Public Schools webpage. [www.patrick.k12.va.us](http://www.patrick.k12.va.us)

#### School Wellness Committee

Patrick County Public Schools established a wellness committee, Student Health Advisory Board (SHAB). The SHAB membership will represent all school levels and will include (to the extent possible), but not be limited to: parents and caregivers; representatives of the school nutrition program; physical education teachers; health education teachers; school health professionals, physicians, dentists, health educators and mental health and social services staff; school administrators, school board members; health professionals; and the general public. When possible, membership will also include Supplemental Nutrition Assistance Program Education coordinators. The SHAB will include representatives from each school building and reflect the diversity of the community. The Wellness Policy committee meets at least three times per year for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators.

#### Wellness Policy Compliance

Patrick County Public Schools must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

PCPS followed the Alliance for a Healthier Generation template to incorporate all aspects needed for an efficient wellness policy. Also included in the policy is the state of Virginia's Administrative Code 8VAC20-740-35 on fundraising nutrition standards. Smart Snacks Standards chart is listed in the policy as well.

**Standards and Nutrition Guidelines for all Foods and Beverages Sold**

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.		X
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.		X
We follow Patrick County Public School’s policy on exempt fundraisers as outlined in our Division’s Wellness Policy. <i>The policy aligns with the Virginia Code 8VAC-740-35</i>		X

**Standards and Nutrition Guidelines for all Foods and Beverages Sold**

Standard/Guideline	Met	Not Met
We follow Patrick County Public School’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.		X
The cafeteria follows Patrick County Public School’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.	X	

**Policy for Food and Beverage Marketing**

Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	X	

**Description of Public Involvement**

Standard/Guideline	Met	Not Met
Patrick County Public Schools permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	X	

### Description of Public Updates

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	X	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2021.	X	

### Description of Policy Leadership

Standard/Guideline	Met	Not Met
Patrick County Public School's established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	X	

### Description of Evaluation Plan

Standard/Guideline	Met	Not Met
The Student Health Advisory Board will update or modify the wellness policy based on the results of the annual School Health Index and triennial assessments and/or as District priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or state guidance standards are issued.	X	

### Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule.

Patrick County Public Schools Wellness Policy was created using the Alliance for a Healthier Generation's model policy template.

### Progress towards Goals

Patrick County Public Schools may integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities. Patrick County Public Schools may coordinate and integrate other initiatives related to physical activity, physical education, nutrition and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives promoting student

well-being, optimal development and strong educational outcomes. The Division encourages schools to coordinate content across curricular areas that promote student health, such as teaching nutrition concepts in mathematics, with consultation provided by either the school or the District’s curriculum experts.

**Progress towards Nutrition Promotion and Education Goals**

Description	Met	Not Met
Implementing at least ten or more evidence-based healthy food promotion techniques through the school meal programs using Smarter Lunchroom techniques	X	
Ensuring 100% of foods and beverages promoted to students meet the USDA Smart Snacks in School nutrition standards.		X

**Progress towards Physical Activity Goals**

Description	Met	Not Met
Students will be moderately to vigorously active for at least 50% of class time during most or all physical education class sessions.	X	
The division recommends that students be offered periodic opportunities to be active or to stretch throughout the day at the teacher’s discretion. These physical activity breaks will complement, not substitute, for physical education class, recess, and class transition periods.	X	

**Progress towards other School-Based Wellness Activity Goals**

Description	Met	Not Met
The District promotes staff member participation in health promotion programs and will support programs for staff members on healthy eating/weight management that are accessible and free or low-cost.	X	
Schools in the District will implement strategies to support staff in actively promoting and modeling healthy eating and physical activity behaviors. Free flu shots, free covid vaccine, Tele-Health, Best Life, 1-800-Nurse Hotline, Safe Schools Education, Hoonuit and Mental Health Resources.	X	

Patrick County Public Schools is working to improve on each goal that has not been met. While also maintaining the goals that have been met. Our ultimate goal is to continue to improve and eventually meet all goals that are put forth in the Patrick County Public School's Local Wellness Policy.

The following are Healthy Assessments completed by each of our seven schools in our district.

**Blue Ridge Elementary Healthy Assessment 2020**

PO-1	Representative school health committee or team	Partially in place	2020-11-18	Jennifer Cox
PO-2	Written school health and safety policies	Fully in place	2020-11-18	Jennifer Cox
PO-3	Local school wellness policy	Fully in place	2020-11-18	Jennifer Cox
PO-4	School start times	Partially in place	2020-11-18	Jennifer Cox
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-11-18	Jennifer Cox
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Not in place	2020-11-18	Jennifer Cox
PO-7	Parenting strategies	Under development	2020-11-18	Jennifer Cox
PO-8	Family engagement in school decision making	Under development	2020-11-18	Jennifer Cox
PO-9	Community involvement in school health initiatives	Partially in place	2020-11-18	Jennifer Cox
PO-10	Out-of-school programs	Partially in place	2020-11-18	Jennifer Cox
NS-1	Breakfast and lunch programs	Fully in place	2020-11-18	Jennifer Cox
NS-2	School breakfast	Fully in place	2020-11-18	Jennifer Cox
NS-3	School lunch	Partially in place	2020-11-18	Jennifer Cox
NS-4	Variety of offerings in school meals	Fully in place	2020-11-18	Jennifer Cox
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-11-18	Jennifer Cox
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-18	Jennifer Cox
NS-7	Venues outside the cafeteria offer fruits and vegetables	Fully in place	2020-11-18	Jennifer Cox
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-11-18	Jennifer Cox
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-18	Jennifer Cox
NS-10	Prohibit using food as reward or punishment	Fully in place	2020-11-18	Jennifer Cox

NS-11	Adequate time to eat school meals	Fully in place	2020-11-18	Jennifer Cox
NS-12	Farm to School activities	Fully in place	2020-11-18	Jennifer Cox
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Jennifer Cox
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Jennifer Cox
SS-3	Food and beverage marketing	Fully in place	2020-11-18	Jennifer Cox
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Jennifer Cox
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Jennifer Cox
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Jennifer Cox
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-18	Jennifer Cox
HPE-1	Minutes of physical education per week	Fully in place	2020-11-18	Jennifer Cox
HPE-2	Years of physical education	Partially in place	2020-11-18	Jennifer Cox
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	2020-11-18	Jennifer Cox
HPE-4	Students active at least 50% of class time	Fully in place	2020-11-18	Jennifer Cox
HPE-5	Professional development for physical education teachers	Not in place	2020-11-18	Jennifer Cox
HPE-6	Information and materials for physical education teachers	Under development	2020-11-18	Jennifer Cox
HPE-7	Licensed physical education teachers	Under development	2020-11-18	Jennifer Cox
HPE-8	Health education taught in all grades	Under development	2020-11-18	Jennifer Cox
HPE-9	Required health education course	Fully in place	2020-11-18	Jennifer Cox
HPE-10	Essential topics on physical activity	Under development	2020-11-18	Jennifer Cox
HPE-11	Essential topics on healthy eating	Under development	2020-11-18	Jennifer Cox
HPE-12	Opportunities to practice skills	Under development	2020-11-18	Jennifer Cox
PA-1	Recess	Fully in place	2020-11-18	Jennifer Cox

PA-2	Availability of physical activity breaks in classrooms	Under development	2020-11-18	Jennifer Cox
PA-3	Promotion or support of walking and bicycling to and/or from school	Not in place	2020-11-18	Jennifer Cox
PA-4	Availability of before- and after-school physical activity opportunities	Not in place	2020-11-18	Jennifer Cox
PA-5	Professional development for classroom teachers	Not in place	2020-11-18	Jennifer Cox
PA-6	Prohibit using physical activity as punishment	Partially in place	2020-11-18	Jennifer Cox
PA-7	Prohibit withholding recess as punishment	Partially in place	2020-11-18	Jennifer Cox
PA-8	Access to physical activity facilities outside school hours	Not in place	2020-11-18	Jennifer Cox
EW-1	Health assessments for staff members	Not in place	2020-11-18	Jennifer Cox
EW-2	Programs for staff members on physical activity/fitness	Not in place	2020-11-18	Jennifer Cox
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-11-18	Jennifer Cox
EW-4	Promote staff member participation	Not in place	2020-11-18	Jennifer Cox
EW-5	Stress management programs for staff	Not in place	2020-11-18	Jennifer Cox
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-18	Jennifer Cox

### Hardin Reynolds Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Fully in place	2020-11-18	Benjamin Carter
PO-2	Written school health and safety policies	Fully in place	2020-11-18	Benjamin Carter
PO-3	Local school wellness policy	Fully in place	2020-11-18	Benjamin Carter
PO-4	School start times	Partially in place	2020-11-18	Benjamin Carter
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-11-18	Benjamin Carter
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	2020-11-18	Benjamin Carter
PO-7	Parenting strategies	Fully in place	2020-11-18	Benjamin Carter
PO-8	Family engagement in school decision making	Fully in place	2020-11-18	Benjamin Carter
PO-9	Community involvement in school health initiatives	Fully in place	2020-11-18	Benjamin Carter

PO-10	Out-of-school programs	Not in place	2020-11-18	Benjamin Carter
NS-1	Breakfast and lunch programs	Fully in place	2020-11-18	Benjamin Carter
NS-2	School breakfast	Fully in place	2020-11-18	Benjamin Carter
NS-3	School lunch	Partially in place	2020-11-18	Benjamin Carter
NS-4	Variety of offerings in school meals	Partially in place	2020-11-18	Benjamin Carter
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-11-18	Benjamin Carter
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-18	Benjamin Carter
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-11-18	Benjamin Carter
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-11-18	Benjamin Carter
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-18	Benjamin Carter
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-11-18	Benjamin Carter
NS-11	Adequate time to eat school meals	Fully in place	2020-11-18	Benjamin Carter
NS-12	Farm to School activities	Under development	2020-11-18	Benjamin Carter
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-18	Benjamin Carter
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Benjamin Carter
SS-3	Food and beverage marketing	Partially in place	2020-11-18	Benjamin Carter
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Benjamin Carter
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Benjamin Carter
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Benjamin Carter
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-18	Benjamin Carter
HPE-1	Minutes of physical education per week	Under development	2020-11-18	Benjamin Carter
HPE-2	Years of physical education	Partially in place	2020-11-18	Benjamin Carter
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	2020-11-18	Benjamin Carter
HPE-4	Students active at least 50% of class time	Fully in place	2020-11-18	Benjamin Carter



HPE-5	Professional development for physical education teachers	Not in place	2020-11-18	Benjamin Carter
HPE-6	Information and materials for physical education teachers	Under development	2020-11-18	Benjamin Carter
HPE-7	Licensed physical education teachers	Not in place	2020-11-18	Benjamin Carter
HPE-8	Health education taught in all grades	Not in place	2020-11-18	Benjamin Carter
HPE-9	Required health education course	Fully in place	2020-11-18	Benjamin Carter
HPE-10	Essential topics on physical activity	Partially in place	2020-11-18	Benjamin Carter
HPE-11	Essential topics on healthy eating	Partially in place	2020-11-18	Benjamin Carter
HPE-12	Opportunities to practice skills	Partially in place	2020-11-18	Benjamin Carter
PA-1	Recess	Fully in place	2020-11-18	Benjamin Carter
PA-2	Availability of physical activity breaks in classrooms	Fully in place	2020-11-18	Benjamin Carter
PA-3	Promotion or support of walking and bicycling to and/or from school	Not in place	2020-11-18	Benjamin Carter
PA-4	Availability of before- and after-school physical activity opportunities	Not in place	2020-11-18	Benjamin Carter
PA-5	Professional development for classroom teachers	Not in place	2020-11-18	Benjamin Carter
PA-6	Prohibit using physical activity as punishment	Not in place	2020-11-18	Benjamin Carter
PA-7	Prohibit withholding recess as punishment	Fully in place	2020-11-18	Benjamin Carter
PA-8	Access to physical activity facilities outside school hours	Not in place	2020-11-18	Benjamin Carter
EW-1	Health assessments for staff members	Not in place	2020-11-18	Benjamin Carter
EW-2	Programs for staff members on physical activity/fitness	Not in place	2020-11-18	Benjamin Carter
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-11-18	Benjamin Carter
EW-4	Promote staff member participation	Not in place	2020-11-18	Benjamin Carter
EW-5	Stress management programs for staff	Not in place	2020-11-18	Benjamin Carter
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Benjamin Carter

### Meadows of Dan Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Fully in place	2020-10-15	Angela Keith
PO-2	Written school health and safety policies	Fully in place	2020-10-15	Angela Keith
PO-3	Local school wellness policy	Fully in place	2020-10-15	Angela Keith
PO-4	School start times	Partially in place	2020-10-15	Angela Keith
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-10-15	Angela Keith

PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Under development	2020-10-15	Angela Keith
PO-7	Parenting strategies	Fully in place	2020-10-15	Angela Keith
PO-8	Family engagement in school decision making	Fully in place	2020-10-15	Angela Keith
PO-9	Community involvement in school health initiatives	Fully in place	2020-10-15	Angela Keith
PO-10	Out-of-school programs	Fully in place	2020-10-15	Angela Keith
NS-1	Breakfast and lunch programs	Fully in place	2020-10-15	Angela Keith
NS-2	School breakfast	Fully in place	2020-10-15	Angela Keith
NS-3	School lunch	Not in place	2020-11-18	Darlene Rogers
NS-4	Variety of offerings in school meals	Fully in place	2020-11-12	Darlene Rogers
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Fully in place	2020-11-12	Darlene Rogers
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-12	Darlene Rogers
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-11-12	Darlene Rogers
NS-8	Collaboration between school nutrition services staff members and teachers	Fully in place	2020-11-12	Darlene Rogers
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-12	Darlene Rogers
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-11-12	Darlene Rogers
NS-11	Adequate time to eat school meals	Fully in place	2020-10-15	Angela Keith
NS-12	Farm to School activities	Under development	2020-10-15	Angela Keith
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-15	Angela Keith
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-15	Angela Keith
SS-3	Food and beverage marketing	Partially in place	2020-10-15	Angela Keith
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-15	Angela Keith
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-15	Angela Keith

SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-15	Angela Keith
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-10-15	Angela Keith
HPE-1	Minutes of physical education per week	Fully in place	2020-10-15	Angela Keith
HPE-2	Years of physical education	Fully in place	2020-10-15	Angela Keith
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	2020-10-15	Angela Keith
HPE-4	Students active at least 50% of class time	Fully in place	2020-10-15	Angela Keith
HPE-5	Professional development for physical education teachers	Not in place	2020-11-18	Amy Nester
HPE-6	Information and materials for physical education teachers	Partially in place	2020-11-18	Amy Nester
HPE-7	Licensed physical education teachers	Under development	2020-11-18	Amy Nester
HPE-8	Health education taught in all grades	Partially in place	2020-11-18	Amy Nester
HPE-9	Required health education course	Fully in place	2020-11-18	Amy Nester
HPE-10	Essential topics on physical activity	Fully in place	2020-11-18	Amy Nester
HPE-11	Essential topics on healthy eating	Fully in place	2020-11-18	Amy Nester
HPE-12	Opportunities to practice skills	Fully in place	2020-11-18	Amy Nester
PA-1	Recess	Fully in place	2020-11-18	Amy Nester
PA-2	Availability of physical activity breaks in classrooms	Fully in place	2020-11-18	Amy Nester
PA-3	Promotion or support of walking and bicycling to and/or from school	Not in place	2020-11-18	Amy Nester
PA-4	Availability of before- and after-school physical activity opportunities	Partially in place	2020-11-18	Amy Nester
PA-5	Professional development for classroom teachers	Not in place	2020-11-18	Amy Nester
PA-6	Prohibit using physical activity as punishment	Fully in place	2020-11-18	Amy Nester
PA-7	Prohibit withholding recess as punishment	Fully in place	2020-11-18	Amy Nester
PA-8	Access to physical activity facilities outside school hours	Partially in place	2020-11-18	Amy Nester
EW-1	Health assessments for staff members	Not in place	2020-11-18	Amy Nester
EW-2	Programs for staff members on physical activity/fitness	Not in place	2020-11-18	Amy Nester
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-11-18	Amy Nester
EW-4	Promote staff member participation	Partially in place	2020-11-18	Amy Nester
EW-5	Stress management programs for staff	Not in place	2020-11-18	Amy Nester

EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-18	Amy Nester
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### Patrick County High School Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Fully in place	2020-11-20	Jerri Aldridge
PO-2	Written school health and safety policies	Fully in place	2020-11-20	Jerri Aldridge
PO-3	Local school wellness policy	Fully in place	2020-11-20	Jerri Aldridge
PO-4	School start times	Fully in place	2020-11-20	Jerri Aldridge
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-11-20	Jerri Aldridge
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Partially in place	2020-11-20	Jerri Aldridge
PO-7	Parenting strategies	Fully in place	2020-11-20	Jerri Aldridge
PO-8	Family engagement in school decision making	Fully in place	2020-11-20	Jerri Aldridge
PO-9	Community involvement in school health initiatives	Fully in place	2020-11-20	Jerri Aldridge
PO-10	Out-of-school programs	Fully in place	2020-11-20	Jerri Aldridge
NS-1	Breakfast and lunch programs	Fully in place	2020-11-20	Jerri Aldridge
NS-2	School breakfast	Fully in place	2020-11-23	Darlene Rogers
NS-3	School lunch	Partially in place	2020-11-23	Darlene Rogers
NS-4	Variety of offerings in school meals	Partially in place	2020-11-23	Darlene Rogers
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-11-23	Darlene Rogers
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-23	Darlene Rogers
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-11-23	Darlene Rogers
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-11-23	Darlene Rogers
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-23	Darlene Rogers
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-11-23	Darlene Rogers
NS-11	Adequate time to eat school meals	Fully in place	2020-11-23	Darlene Rogers

NS-12	Farm to School activities	Under development	2020-11-23	Darlene Rogers
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-23	Darlene Rogers
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-23	Darlene Rogers
SS-3	Food and beverage marketing	Not in place	2020-11-23	Darlene Rogers
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-23	Darlene Rogers
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Not in place	2020-11-23	Darlene Rogers
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Not in place	2020-11-23	Darlene Rogers
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Not in place	2020-11-23	Darlene Rogers
HPE-2	Years of physical education	Partially in place	2020-11-23	Darlene Rogers
HPE-3	Sequential physical education curriculum consistent with standards	Partially in place	2020-11-23	Darlene Rogers
HPE-4	Students active at least 50% of class time	Fully in place	2020-11-23	Jerri Aldridge
HPE-5	Professional development for physical education teachers	Under development	2020-11-23	Jerri Aldridge
HPE-6	Information and materials for physical education teachers	Partially in place	2020-11-23	Jerri Aldridge
HPE-7	Licensed physical education teachers	Fully in place	2020-11-23	Jerri Aldridge
HPE-9	Required health education course	Fully in place	2020-11-23	Jerri Aldridge
HPE-10	Essential topics on physical activity	Fully in place	2020-11-23	Jerri Aldridge
HPE-11	Essential topics on healthy eating	Partially in place	2020-11-23	Jerri Aldridge
HPE-12	Opportunities to practice skills	Partially in place	2020-11-23	Jerri Aldridge
PA-2	Availability of physical activity breaks in classrooms	Under development	2020-11-23	Jerri Aldridge
PA-3	Promotion or support of walking and bicycling to and/or from school	Not in place	2020-11-23	Jerri Aldridge
PA-4	Availability of before- and after-school physical activity opportunities	Partially in place	2020-11-23	Jerri Aldridge
PA-5	Professional development for classroom teachers	Under development	2020-11-23	Jerri Aldridge
PA-6	Prohibit using physical activity as punishment	Fully in place	2020-11-23	Jerri Aldridge

PA-8	Access to physical activity facilities outside school hours	Under development	2020-11-23	Jerri Aldridge
EW-1	Health assessments for staff members	Fully in place	2020-11-20	Jerri Aldridge
EW-2	Programs for staff members on physical activity/fitness	Fully in place	2020-11-20	Jerri Aldridge
EW-3	Programs for staff members on healthy eating/weight management	Fully in place	2020-11-20	Jerri Aldridge
EW-4	Promote staff member participation	Fully in place	2020-11-20	Jerri Aldridge
EW-5	Stress management programs for staff	Fully in place	2020-11-20	Jerri Aldridge
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-20	Jerri Aldridge

### Patrick Springs Primary School Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Fully in place	2020-11-18	Annie Baker
PO-2	Written school health and safety policies	Partially in place	2020-11-18	Annie Baker
PO-3	Local school wellness policy	Partially in place	2020-11-18	Annie Baker
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-11-18	Annie Baker
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	2020-11-18	Annie Baker
PO-7	Parenting strategies	Partially in place	2020-11-18	Annie Baker
PO-8	Family engagement in school decision making	Partially in place	2020-11-18	Annie Baker
PO-9	Community involvement in school health initiatives	Fully in place	2020-11-18	Annie Baker
PO-10	Out-of-school programs	Partially in place	2020-11-18	Annie Baker
NS-1	Breakfast and lunch programs	Fully in place	2020-11-18	Annie Baker
NS-2	School breakfast	Fully in place	2020-11-18	Annie Baker
NS-3	School lunch	Partially in place	2020-11-18	Annie Baker
NS-4	Variety of offerings in school meals	Partially in place	2020-11-18	Annie Baker
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-11-18	Annie Baker

NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-18	Annie Baker
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-11-18	Annie Baker
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-11-18	Annie Baker
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-18	Annie Baker
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-11-18	Annie Baker
NS-11	Adequate time to eat school meals	Fully in place	2020-11-18	Annie Baker
NS-12	Farm to School activities	Under development	2020-11-18	Annie Baker
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-18	Annie Baker
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Annie Baker
SS-3	Food and beverage marketing	Partially in place	2020-11-18	Annie Baker
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-18	Annie Baker
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-18	Annie Baker
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Annie Baker
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-18	Annie Baker
HPE-1	Minutes of physical education per week	Fully in place	2020-12-01	Annie Baker
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	2020-12-01	Annie Baker
HPE-4	Students active at least 50% of class time	Fully in place	2020-12-01	Annie Baker
HPE-5	Professional development for physical education teachers	Under development	2020-12-01	Annie Baker
HPE-6	Information and materials for physical education teachers	Under development	2020-12-01	Annie Baker

HPE-7	Licensed physical education teachers	Partially in place	2020-12-01	Annie Baker
HPE-8	Health education taught in all grades	Partially in place	2020-12-01	Annie Baker
HPE-10	Essential topics on physical activity	Partially in place	2020-12-01	Annie Baker
HPE-11	Essential topics on healthy eating	Under development	2020-12-01	Annie Baker
HPE-12	Opportunities to practice skills	Partially in place	2020-12-01	Annie Baker
PA-1	Recess	Fully in place	2020-12-01	Annie Baker
PA-2	Availability of physical activity breaks in classrooms	Fully in place	2020-12-01	Annie Baker
PA-3	Promotion or support of walking and bicycling to and/or from school	Under development	2020-12-01	Annie Baker
PA-4	Availability of before- and after-school physical activity opportunities	Partially in place	2020-12-01	Annie Baker
PA-5	Professional development for classroom teachers	Partially in place	2020-12-01	Annie Baker
PA-6	Prohibit using physical activity as punishment	Fully in place	2020-12-01	Annie Baker
PA-7	Prohibit withholding recess as punishment	Partially in place	2020-12-01	Annie Baker
PA-8	Access to physical activity facilities outside school hours	Not in place	2020-12-01	Annie Baker
EW-1	Health assessments for staff members	Not in place	2020-12-01	Annie Baker
EW-2	Programs for staff members on physical activity/fitness	Not in place	2020-12-01	Annie Baker
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-12-01	Annie Baker
EW-4	Promote staff member participation	Partially in place	2020-12-01	Annie Baker
EW-5	Stress management programs for staff	Not in place	2020-12-01	Annie Baker
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-12-01	Annie Baker

### Stuart Elementary Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Partially in place	2020-11-03	Sandra Clement
PO-2	Written school health and safety policies	Fully in place	2020-11-03	Sandra Clement
PO-3	Local school wellness policy	Fully in place	2020-11-03	Sandra Clement
PO-4	School start times	Fully in place	2020-11-03	Sandra Clement



PO-5	Health services provided by a full-time school nurse	Fully in place	2020-11-03	Sandra Clement
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Under development	2020-11-03	Sandra Clement
PO-7	Parenting strategies	Partially in place	2020-11-03	Sandra Clement
PO-8	Family engagement in school decision making	Partially in place	2020-11-03	Sandra Clement
PO-9	Community involvement in school health initiatives	Fully in place	2020-11-03	Sandra Clement
PO-10	Out-of-school programs	Fully in place	2020-11-03	Sandra Clement
NS-1	Breakfast and lunch programs	Fully in place	2020-11-03	Sandra Clement
NS-2	School breakfast	Fully in place	2020-11-03	Sandra Clement
NS-3	School lunch	Partially in place	2020-11-03	Sandra Clement
NS-4	Variety of offerings in school meals	Partially in place	2020-11-03	Sandra Clement
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-11-03	Sandra Clement
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-11-03	Sandra Clement
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-11-03	Sandra Clement
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-11-03	Sandra Clement
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-11-03	Sandra Clement
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-11-03	Sandra Clement
NS-11	Adequate time to eat school meals	Fully in place	2020-11-03	Sandra Clement
NS-12	Farm to School activities	Under development	2020-11-03	Sandra Clement
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-03	Sandra Clement
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-03	Sandra Clement
SS-3	Food and beverage marketing	Partially in place	2020-11-03	Sandra Clement
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-03	Sandra Clement
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-11-03	Sandra Clement
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-03	Sandra Clement

SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-11-03	Sandra Clement
HPE-1	Minutes of physical education per week	Under development	2020-11-03	Sandra Clement
HPE-2	Years of physical education	Partially in place	2020-11-03	Sandra Clement
HPE-3	Sequential physical education curriculum consistent with standards	Under development	2020-11-03	Sandra Clement
HPE-4	Students active at least 50% of class time	Under development	2020-11-03	Sandra Clement
HPE-5	Professional development for physical education teachers	Not in place	2020-11-03	Sandra Clement
HPE-6	Information and materials for physical education teachers	Not in place	2020-11-03	Sandra Clement
HPE-7	Licensed physical education teachers	Not in place	2020-11-03	Sandra Clement
HPE-8	Health education taught in all grades	Under development	2020-11-03	Sandra Clement
HPE-9	Required health education course	Not in place	2020-11-03	Sandra Clement
HPE-10	Essential topics on physical activity	Under development	2020-11-03	Sandra Clement
HPE-11	Essential topics on healthy eating	Under development	2020-11-03	Sandra Clement
HPE-12	Opportunities to practice skills	Under development	2020-11-03	Sandra Clement
PA-1	Recess	Partially in place	2020-11-03	Sandra Clement
PA-2	Availability of physical activity breaks in classrooms	Partially in place	2020-11-03	Sandra Clement
PA-3	Promotion or support of walking and bicycling to and/or from school	Partially in place	2020-11-03	Sandra Clement
PA-4	Availability of before- and after-school physical activity opportunities	Under development	2020-11-03	Sandra Clement
PA-5	Professional development for classroom teachers	Not in place	2020-11-03	Sandra Clement
PA-6	Prohibit using physical activity as punishment	Fully in place	2020-11-03	Sandra Clement
PA-7	Prohibit withholding recess as punishment	Partially in place	2020-11-03	Sandra Clement
PA-8	Access to physical activity facilities outside school hours	Not in place	2020-11-03	Sandra Clement
EW-1	Health assessments for staff members	Fully in place	2020-11-03	Sandra Clement
EW-2	Programs for staff members on physical activity/fitness	Not in place	2020-11-03	Sandra Clement
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-11-03	Sandra Clement
EW-4	Promote staff member participation	Not in place	2020-11-03	Sandra Clement
EW-5	Stress management programs for staff	Not in place	2020-11-03	Sandra Clement
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-11-03	Sandra Clement

## Woolwine Elementary Healthy Assessment 2020

Criteria	Headline	Current Response	Current Response Date	Current Response By
PO-1	Representative school health committee or team	Fully in place	2020-10-12	Jeannie King
PO-2	Written school health and safety policies	Fully in place	2020-10-12	Jeannie King
PO-3	Local school wellness policy	Fully in place	2020-10-12	Jeannie King
PO-4	School start times	Under development	2020-10-12	Jeannie King
PO-5	Health services provided by a full-time school nurse	Fully in place	2020-10-12	Jeannie King
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Not in place	2020-10-12	Jeannie King
PO-7	Parenting strategies	Fully in place	2020-10-12	Jeannie King
PO-8	Family engagement in school decision making	Partially in place	2020-10-12	Jeannie King
PO-9	Community involvement in school health initiatives	Partially in place	2020-10-12	Jeannie King
PO-10	Out-of-school programs	Partially in place	2020-10-12	Jeannie King
NS-1	Breakfast and lunch programs	Fully in place	2020-10-12	Jeannie King
NS-2	School breakfast	Fully in place	2020-10-12	Jeannie King
NS-3	School lunch	Partially in place	2020-10-12	Jeannie King
NS-4	Variety of offerings in school meals	Partially in place	2020-10-12	Jeannie King
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	2020-10-12	Jeannie King
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	2020-10-12	Jeannie King
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	2020-10-12	Jeannie King
NS-8	Collaboration between school nutrition services staff members and teachers	Under development	2020-10-12	Jeannie King
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Under development	2020-10-12	Jeannie King
NS-10	Prohibit using food as reward or punishment	Partially in place	2020-10-12	Jeannie King
NS-11	Adequate time to eat school meals	Fully in place	2020-10-12	Jeannie King
NS-12	Farm to School activities	Partially in place	2020-10-12	Jeannie King
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Under development	2020-10-12	Jeannie King

SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-12	Jeannie King
SS-3	Food and beverage marketing	Partially in place	2020-10-12	Jeannie King
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-10-12	Jeannie King
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	2020-10-12	Jeannie King
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-10-12	Jeannie King
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-10-12	Jeannie King
HPE-1	Minutes of physical education per week	Fully in place	2020-10-12	Jeannie King
HPE-2	Years of physical education	Fully in place	2020-10-12	Jeannie King
HPE-3	Sequential physical education curriculum consistent with standards	Partially in place	2020-10-12	Jeannie King
HPE-4	Students active at least 50% of class time	Fully in place	2020-10-12	Jeannie King
HPE-5	Professional development for physical education teachers	Under development	2020-10-12	Jeannie King
HPE-6	Information and materials for physical education teachers	Partially in place	2020-10-12	Jeannie King
HPE-7	Licensed physical education teachers	Under development	2020-10-12	Jeannie King
HPE-8	Health education taught in all grades	Partially in place	2020-10-12	Jeannie King
HPE-9	Required health education course	Fully in place	2020-10-12	Jeannie King
HPE-10	Essential topics on physical activity	Partially in place	2020-10-12	Jeannie King
HPE-11	Essential topics on healthy eating	Partially in place	2020-10-12	Jeannie King
HPE-12	Opportunities to practice skills	Partially in place	2020-10-12	Jeannie King
PA-1	Recess	Under development	2020-10-12	Jeannie King
PA-2	Availability of physical activity breaks in classrooms	Fully in place	2020-10-12	Jeannie King
PA-3	Promotion or support of walking and bicycling to and/or from school	Partially in place	2020-10-12	Jeannie King
PA-4	Availability of before- and after-school physical activity opportunities	Not in place	2020-10-12	Jeannie King
PA-5	Professional development for classroom teachers	Under development	2020-10-12	Jeannie King
PA-6	Prohibit using physical activity as punishment	Fully in place	2020-10-12	Jeannie King
PA-7	Prohibit withholding recess as punishment	Partially in place	2020-10-12	Jeannie King

PA-8	Access to physical activity facilities outside school hours	Partially in place	2020-10-12	Jeannie King
EW-1	Health assessments for staff members	Fully in place	2020-10-12	Jeannie King
EW-2	Programs for staff members on physical activity/fitness	Partially in place	2020-10-12	Jeannie King
EW-3	Programs for staff members on healthy eating/weight management	Not in place	2020-10-12	Jeannie King
EW-4	Promote staff member participation	Fully in place	2020-10-12	Jeannie King
EW-5	Stress management programs for staff	Fully in place	2020-10-12	Jeannie King
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Partially in place	2020-10-12	Jeannie King