

Menu is subject to change without notice,
due to nationwide supply chain shortages.

Monday



Tuesday

Wednesday

Thursday

Friday

6
Grab & Go: WG Glazed Cinnamon Bun
Cafeteria: WG Sausage Biscuit
WG Cereal - 2 oz.
100% Fruit Juice Cup
Fruit
Milk

7
Grab & Go: WG Graham Cracker/Smoothie
Cafeteria: WG Granola with Berries & Yogurt Parfait
WG Cereal - 2 oz.
100% Fruit Juice Cup/ Fruit
Milk

8
PROFESSIONAL DEVELOPMENT DAY

9
Grab & Go: WG BeneFIT Bar
Cafeteria: Ham on WG Croissant
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

10
Grab & Go: WG Soft Filled Cinnamon Toast Crunch Bar
Cafeteria: WG Biscuit with Gravy
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

13
Grab & Go: WG Muffin
Cafeteria: WG Pancake on a Stick/Syrup
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

14
Grab & Go: WG Soft Fill Cocoa Puff Bar
Cafeteria: WG Strawberry Mini Pancakes
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

15
Grab & Go: WG Muffin
Cafeteria: Egg & Cheese WG Croissant
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

16
Grab & Go: WG Yeast Donut
Cafeteria: WG Biscuit with Gravy
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

17
Grab & Go: WG Apple Frudel
Cafeteria: WG Breakfast Pizza- Bacon
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

20
Grab & Go: WG BeneFIT Bar
Cafeteria: WG Mini Maple Pancakes
WG Cereal - 2 oz.
100% Fruit Juice Cup
Fruit
Milk

21
Grab & Go: WG Muffin
Cafeteria: WG French Toast Sticks with Syrup
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

22
Grab & Go: **MANAGER'S CHOICE**
Cafeteria: WG Toast w/Cheesy Egg Omelet
WG Cereal - 2 oz.
100% Fruit Juice Cup
Fruit
Milk

23
Grab & Go: WG Chocolate Crescent
Cafeteria: WG Chicken Slider
WG Cereal - 2 oz.
100% Fruit Juice Cup
Fruit
Milk

24
Grab & Go: Assorted WG Pastries
Cafeteria: WG Biscuit with Gravy
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

27
Grab & Go: WG BeneFIT Bar
WG Breakfast Pizza - Sausage
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

28
Grab & Go: WG Muffin
Cafeteria: WG Mini Chocolate Chip Pancakes/Syrup
WG Cereal - 2 oz.
100% Fruit Juice
Fruit
Milk

Grab & Go Carts in all schools.
Cart Choice: First item listed on the Menu/Juice OR 2 oz. WG Cereal/ Juice
May also take fruit and/or milk WITH ANY CHOICE.
Traditional Breakfast served in dining area of cafeteria.

Dietary Information Available:
<https://patrick.k12.va.us>
Division Information- Departments - Food Service

