

## **INSTRUCTION**

### Interscholastic Athletics and Activities

The Board recognizes the value of a program of athletics and other activities as an integral part of the total school experience to all students of the district and to the community. The program of interscholastic athletics and activities will include all activities relating to competitive sport contests, games or events, or exhibitions involving individual students or teams of students of this district when such events occur within this district or with any schools outside this district.

Students who wish to participate in the district's athletic and activity programs are required, as a condition of participation, to abide by the procedures which support this policy and other district policies, the regulations of the Washington Interscholastic Activities Association (WIAA), and rules established by individual coaches and advisors.

Students who are found to be in violation of the rules and policies while on school grounds, under school authority, or in coordination with law enforcement authorities will be subject to disciplinary action.

The Board expects that:

- A. All interscholastic activities and events will be in compliance with the rules and regulations of the Washington Interscholastic Activities Association (WIAA). The schools of the district will not participate in any out-of-season athletics that are not sanctioned by the WIAA. The district will not be responsible or liable for non-school-sponsored programs or for programs that are organized, promoted or participated in by staff members without school approval. The district will not be responsible for or control and incur liability for summer and/or out-of-season activities unless specifically sponsored by the school district. The superintendent will establish rules defining the circumstances under which school facilities may be used and announcements of summer sports leagues and/or clinics may be communicated to students.
- B. An athletic coach must be properly trained and qualified for an assignment as described in the coach's job description.
- C. Coaching stipends and all gifts to a coach that exceed five hundred dollars (\$500.00) in a season will be approved by the Board of Directors.
- D. In-service training opportunities will be afforded each coach so that they are trained to attend to the health care needs of participants. Prior to a sports season, the coach will prepare a plan for handling medical emergencies at practice sessions and games (home and away).
- E. Participants will be issued equipment that has been properly maintained and fitted.
- F. All facilities and equipment utilized in the interscholastic activity program, whether or not the property of the district, will be inspected on a regular basis.
- G. Nonprescribed medications, including such items as analgesic balms, vitamins and salt tablets, must be approved by the superintendent or their designee before they may be available for use by coaches and/or athletic trainers. After athletic

training medications have been approved, the coach and/or trainer must secure authorization from the parent and the student's medical provider before the medications may be used during the athletic season. If such release is not on file, the nonprescribed medications may not be used. This provision does not preclude the coach and/or trainer from using approved first aid items.

A sign will be posted that warns students that eligibility to participate may be denied if anabolic steroids are used for the purpose of enhancing athletic ability.

- H. The Board recognizes that certain risks are associated with participation in interscholastic sports. While the district will strive to prevent injuries and accidents to students, each participant and their parent(s) or guardian(s) will be required to sign a statement which indicates that the parent(s) and the student acknowledge the risks of injuries resulting from such participation and give assurance that the student will follow the instructions of the coach.
- I. Each participant will be required to furnish evidence of physical fitness prior to becoming a member of an interscholastic team. A written report will be completed when a student is injured while participating in a school-supervised activity. A participant will be free of injury and will have fully recovered from illness before participating in any activity.
- J. Each student participating in interscholastic athletic activities is required to have or obtain medical insurance for expenses incurred as a result of injuries sustained while participating in the extracurricular activity. Students will provide evidence of medical coverage or will obtain such coverage through the insurance plan offered to all students participating in activities in the district. No student will be denied the ability to participate solely because the student's family, by reason of low income, is unable to pay the entire amount of the premium for such insurance. The superintendent or their designee may approve partial or full waiver of premiums to permit all students to obtain the required medical insurance.

The superintendent will annually prepare, approve and present to the Board for its consideration a program of interscholastic activities for the school year. The superintendent will prepare rules for the conduct of student activities including, but not limited to, use of alcoholic beverages; use of tobacco; use or possession of illegal chemical substances or opiates not prescribed by a physician; physical appearance; unsportsmanlike conduct; absence from practice; or any infraction of civil law. Rules and disciplinary actions related to rule violations will be distributed to each participant and their parents prior to the beginning of an interscholastic activity season.

#### Nondiscrimination

The district will not exclude any person from participation in the interscholastic program, deny any person the benefits of such a program or otherwise discriminate against any person in any interscholastic program on the basis of the categories identified in the district's Nondiscrimination policy. The district recognizes the value of extra-curricular athletics for all students and will adhere to Washington State and federal law regarding gender equity and opportunity.

The district will provide necessary funds for recreational and athletic activities for both genders, although the aggregate expenditures are not required to be equal for members of each gender and

expenditures for separate male and female teams are not required to be equal. The district will review annually and ensure equity and compliance with Title IX are prioritized.

All students should have the opportunity to participate in WIAA activities in a manner that is consistent with their gender identity, irrespective of the gender listed on a student's records, although most athletic activities are classified as male or female.

The district will provide equal athletic opportunities designated for both genders within each school for interscholastic athletics. In determining whether equal athletic opportunities designated for both genders are being provided, the district will consider the following factors:

1. Whether the selection of sports and levels of competition effectively accommodate the interests and abilities of members of both genders;
2. Provision of equipment and supplies;
3. Scheduling of games and practice time, including the use of playfields, courts, gyms and pools;
4. Travel and per diem allowances, if any;
5. Opportunity to receive coaching and academic tutoring, if offered;
6. Assignment and compensation of coaches and game officials;
7. Provision of locker rooms and practice and competitive facilities;
8. Provision of medical and training facilities and services, including the availability of insurance; and
9. Publicity and awards.

#### Annual athletic evaluation

The district will evaluate its interscholastic program in each school at least once each year to ensure that equal opportunities are available to members of both genders with respect to participation in interscholastic programs. The evaluation will include consideration for the factors listed in the above paragraph, Nondiscrimination.

#### Student athletic interest survey

Every three years, the district will administer to each school that operates interscholastic athletics the survey developed by the office of the superintendent of public instruction to determine male and female student interest in participation in specific sports. The district will consider the survey results when planning and developing recreational and athletic activities offered by the district and when determining whether equal opportunities are available to members of both genders.

Facilities

The district will provide separate facilities (e.g., showers, toilets) for male and female students or schedule the facilities equitably for separate use.

Cross References:	Policy 2121	Substance Abuse Program
	Policy 3210	Non Discrimination
	Policy 3413	Student Immunization
	Policy 3414	Infectious Diseases
	Policy 3416	Medication at School
	Policy 3418	Emergency Treatment
	Policy 3422	Competitive Sports – Concussion and Head Injuries
	Policy 4260	Use of School Facilities
	Policy 6510	Safety
	Policy 6512	Infection Control Program
Legal References:	RCW 28A.400.350	Liability, Life, Health, Health Care, Accident, Disability, and Salary Insurance Authorized – when required - Premiums
	RCW 28A.600.200	Interscholar Athletic and Other Extra-Curricular Activities for Students, Authority to regulate- Delegation of authority - Conditions
	RCW 64.41.330	Public Warnings -School Districts
	RCW 69.41.340	Student Athletics – Violations - Penalties
	WAC 392-190-025	Recreational and athletic activities
Management Resources:	WIAA Handbook	
	Policy News, October 2007	
	April Issue 2013	
	December Issue 2014	

**Date: 3/24/97; 3/25/02; 11/22/04; 2/4/08; 3/8/10; 6/20/19.**