



ATHLETICS CANUTILLO A Premier District

CISD Safety Protocol for Athletics 2021-2022 Academic Year

All students will be allowed to participate in sports and extracurricular activities. Parents should be notified and aware that participation in sports is considered a high-risk activity for COVID-19 transmission. We highly encourage the use of face masks and be fully vaccinated prior to engaging in sports or extracurricular activities.

Symptom Screening: All students are expected to *self-screen* (or by their parents) for COVID-19 symptoms each day prior to attending school or any school activity that is not on a school day. If the presence of any symptoms associated with COVID-19 is identified, students must stay at home to prevent possible exposure and notify their respective school nurse and coach.

High School and Middle School Locker Rooms: Locker rooms will be available for use before and after practice to change in small groups and for limited time.

Cleaning/Sanitizing:

- Alcohol-based hand sanitizer will be available at all locker rooms and gyms. Students are expected to wash or sanitize their hands before and after practices.
- All locker rooms, gyms, and all equipment *will be sanitized daily* at the end of the day by the coaches and during the day when needed.

Face Masks: All students and staff are highly recommended to wear face masks during high risk activities held indoors in which physical contact is more than 15 minutes.

Hydration:

- **High School Football:** We will have water bottles provided at all in season practices and games. Student athletic trainers will oversee athlete's hydration.
- **Middle School Football:** Athletes will need to bring their own water bottle. There will be hands free refill stations or a water cow that will only be handled by coaches at all in season practices and games.
- **All Indoor Sports** (Volleyball/Basketball): Athletes will need to bring their own water bottle. There will be cups for time outs only. There will also be hands free refill stations for in season practices and games only.
- **High School Outdoor Sports** (Cross Country/Soccer/Baseball/Softball/Track/Tennis): Athletes will need to bring their own water bottles. There will be hands free refill stations at all in season practices and games only.
- **Middle School Outdoor Sports** (Soccer/Cross Country): Athletes will need to bring their own water bottles. A water caddie with a BOSS lid will be provided for all practices. The coaches will be the only ones allowed to refill water bottles.



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Covid-19 Rapid Testing: To reduce the risk of transmission, rapid testing for COVID-19 will be available for all CISD athletes prior to participation in school events. Testing is optional. However, if a student reports symptoms or a coach observes a student with symptoms associated with COVID-19 and the student refuses to take a test, the coach/athletic trainer may determine the student eligibility to participate in an event to avoid possible risk of transmission to others. Staff will have the option to rapid test anyone who displays COVID-like symptoms or routinely test unvaccinated athletes 2 days before a game. A signed parent consent form must be on file prior to testing any athlete.

Exposure Protocol (Subject to change according to CDC and El Paso Health Department guidelines): Quarantine and Isolation for an exposure to a lab-confirmed COVID -19 positive individual will be determined on a case by case situation based on the following guidelines.

--If vaccinated: For those students who do not have symptoms after a high-risk exposure:

- Students will need to self- monitor for 14 days by documentation, but **will not** have to quarantine. Proof of immunization to the athletic trainer/school nurse will be required to avoid quarantining on all those considered high risk exposures.

-If vaccinated: For those students who present symptoms after a high-risk exposure:

- Proof of immunization to the athletic trainer/school nurse will be required to determine quarantine/isolation requirements.
- If a student presents symptoms of illness, he/she will be sent home for prevention purposes. Students will be encouraged to be see their doctor for further evaluation.

-If not vaccinated: For those students who are identified as a high-risk exposure:

- Students **will have to quarantine for 10 days** and need to self-monitor for 14 days by documentation.

COVID 19 Positive Protocol (Subject to change according to CDC and El Paso Health Department guidelines):

If a student **tests positive** (*whether COVID-19 vaccinated or unvaccinated*) for COVID-19: A copy of the positive test should be provided to the athletic trainer/school nurse.

- As required, El Paso Health Department will be notified and contact tracing will be conducted.
- Students who have tested positive for COVID-19 will be required to submit a screening tool to the campus nurse and athletic trainer. School nurse will review and give clearance after the 10 days of isolation and no symptoms including being fever-free for 24 hours before returning to school (not for UIL athletic participation).
- In order to be cleared to participate in athletics after an isolation period, the student must provide a doctor's note stating the athlete is allowed to play. As per the El Paso Health Department, a "Return to Play Protocol" must be completed with the athletic trainer for clearance as well.