

# **BELLVILLE HIGH SCHOOL**

## **PHYSICAL EDUCATION POLICIES AND PROCEDURES**

### **UNIFORM POLICY**

1. Each student will be required to dress out each day in an approved BISD PE uniform of the day, which will include red shorts, T-shirt, white socks, and soft-soled court shoes.
2. Clothing items not to be worn without the teacher's permission include:
  - a. Wraps, such as sweaters, coats, and cover shirts
  - b. Hose, leggings, or tights
  - c. Boxer shorts
  - d. Hats or caps

### **LOCKER AND LOCK RESPONSIBILITIES**

1. Each student is responsible for locking personal belongings in an assigned locker in the PE dressing room. BISD will not be held responsible for items not secured in a student's locker.
2. Each student is responsible for knowing and obeying all rules and regulations pertaining to lock and locker room procedures.
3. No cell phones/cameras are allowed in the locker room for any purpose.

### **TARDIES**

1. A student will be assigned an after/ before school detention for a third unexcused tardy.
2. A student can receive an unexcused tardy 2 ways:
  - a. Arriving into the locker room after the tardy bells has sounded.
  - b. Arriving late to roll call area after the teacher has signaled a release to designated activity area.

### **BISD GRADING POLICY**

1. Grades in physical education, as in other subjects, should be directly related to the student's achievement of instructional objectives that are developed from state and local essential elements of instruction and educational goals.
2. Mastery of the instructional objectives will be the determining factor in assigning performance grades. Factors such as behavior, dressing out, attitude, sportsmanship, and cooperation may be used to determine conduct grades.
3. Method for determining performance grade:

**80%= Skill Performance:** Each student may earn a maximum of 2 points each day for performance based on the observation of the following:

1. Full and active performance of the daily program of physical fitness conditioning—1 point
2. Full and active performance of skill development and organized competition to practice and concepts learned—1 point

**10%= Cognitive score (Written/Oral):** Students will be given written work and/or oral work to relate mastery of knowledge concerning: Sports Rule, Physical Fitness Concepts, Body Mechanics, Skill Technique, and various other information regarding movement and the human body.

**10%= Psychomotor score (Motor Skill Achievement):** Students will be given formal skills assessment to evaluate learning base on observable skill development.

4. The cognitive domain may have a greater percentage weight for students assigned to IBS, students with a doctor's restriction, or excused absence.

### **EXCUSES**

1. **There is no excuse for not dressing out!!** If a student's gym suit gets lost, misplaced, extremely soiled, etc., the student is to notify the PE teacher immediately. The student will be issued another uniform and charged for any lost items that are the property of Bellville ISD.
2. Types of excuses acceptable for Non-participation:
  - a. **Parental Excuse:** A student may be excused from participation only, but not from dressing out. For the day a student is excused from participation, a note must be presented that includes the date of non-participation, student's name, reason for not participating, the parent's name, and the parent's number where he/she can be reached during the day.
  - b. **Doctor's Excuse:** A doctor's excuse should state the time period non-participation can be resumed, and the reason for the suspension of participation. Doctor's excuses do not excuse a student from dressing out. Whether a student dresses out is up to the P.E. teacher.
  - c. **Nurse's Excuse:** The nurse's excuse is acceptable. Students who request clinic passes are advised that if they are not ill enough to be sent home and return to their next period class, they will be penalized for that day of missing PE class.

### **DISCIPLINE**

1. Classroom Rules:
  - a. Follow instructions the first time they are given.
  - b. Use the equipment properly. Do not abuse it.
  - c. No talking or playing with the equipment when instructions are being given.
  - d. Stay in designated area.
  - e. No gum, candy, or drinks in teaching areas.
  - f. Horseplay in the dressing room, roll-check area, or class setting is not permitted.
  - g. Inappropriate or profane language is not permitted.

2. Consequences:
  - a. Verbal warning
  - b. Conference call to parents
  - c. Discipline referral and student sent to Mrs. Wright from activity, with recommendation for IBS.
  - d. For any severe disruptions, the student will be sent directly to the principal or administrator in charge of discipline.

### **OTHER RULES/REGULATIONS**

1. Students must dress out every day in the proper uniform.
2. Keep dressing areas clean. Pick up any towels and trash.
3. Upon the PE teacher's signal, the student is to clear the dressing room and go to the assigned roll check areas.
4. No student is allowed back into the dressing room during the class period unless an emergency, and then only with the teacher's permission.
5. No eating, or drinking, or gum chewing during class participation.
6. Books and studying for other classes are not allowed in the gym and playing areas. Unless otherwise stated by the PE teacher.
7. No student is allowed in the office without permission.
8. No one, without special permission by the PE teach is allowed in the gym or dressing areas during lunch, and before or after school.
9. Wearing jewelry is not recommended.
10. When waiting to be dismissed by the bell, students are to remain in the PE teacher's designated areas.
11. If the student has inappropriate footwear to safely participate in the day's activity (boots, heel, sandals, barefoot), the student is not eligible to earn performance points for the day's activity with the class.